



EUROPEAN
INTERDISCIPLINARY ASSOCIATION
FOR THERAPEUTIC SERVICES
FOR CHILDREN & YOUNG PEOPLE

SARAJEVO DECLARATION

OCTOBER 2024

**Stay Connected for the
Good of Children and Youth**



eiatscyp.com



[eiatscyp](https://www.facebook.com/eiatscyp)



[EIATSCYP](https://www.linkedin.com/company/eiatscyp)



info@eiatscyp.com





SARAJEVO DECLARATION

OCTOBER 2024

1. Prioritising the best interests of children and young people through rights-informed practice, interdisciplinary collaboration and advocating internationally for their mental health and emotional wellbeing needs.
2. Promoting therapeutic practice integrating a range of professional perspectives, underlining the importance of a holistic understanding of child development including physical, cognitive, social, emotional and spiritual in ecosystemic context.
3. Valuing meaningful engagement with children, young people, parents, carers, professionals, families, organisations and communities to enable early intervention, promotion and prevention of mental health, working across disciplines.
4. Fostering creativity and support for human potential as integral to emotional wellbeing, highlighting the importance of international communication between organisations, collaborating to improve the health of children and young people.
5. Considering the multiple impacts of adverse childhood experiences with awareness of the benefits of research informed interdisciplinary approaches, learning from vulnerable and resourceful children and young people how to care better.
6. Enabling trauma-aware, sensitive, responsive, and informed care as necessary, with a focus on interdisciplinary collaboration and understanding of each child or young person's unique needs and circumstances in cultural and ecosystemic context.
7. Recognising the significance of safeguarding and child protection in professional practice, alongside the participatory voices of children and young people with awareness of intergenerational and transgenerational processes.
8. Promoting the self-determination, agency and resilience of children and young people in collaboration with systems of care, highlighting the importance of the youth voice and their identity in the design and delivery of services.
9. Understanding children and young people's issues of belonging, autonomy, communication and self-awareness in accordance with developmental age and stage, and the significance of interdisciplinary teamwork in supporting wellbeing.
10. Highlighting research and best practice in children and young people's services, listening to the realities of children's lived experience and alleviating suffering, whilst integrating interdisciplinary perspectives to provide comprehensive support.

Anne Pettit, President of EIATSCYP

MSc. Jocelyne Quennell

Prof. Bruno Van den Bosch

Prof. Dubravka Kocijan Hercigonja, MD, PhD

Sami Isa Hadžajlija

Ema Čuhara

Mirela Badurina, PhD

Prim. dr. Goran Čerkez, MD