



EUROPEAN

INTERDISCIPLINARY ASSOCIATION
FOR THERAPEUTIC SERVICES
FOR CHILDREN & YOUNG PEOPLE



Fostering a **Better Future** for
Children and Young People
through **Interdisciplinary**
Therapeutic Services



www.eiatscyp.com

Who We Are

EIATSCYP is the realization of Dr. Ken Evans' vision, who, after discussions with colleagues about the lack of therapeutic services for children and young people in the UK and across Europe, recognized the need for a community of experts in this field. Founded in 2011 with its first president, Prof. Dr. Dubravka Kocijan Hercigonja, a neuropsychiatrist and psychotherapist, EIATSCYP quickly became a hub for professionals dedicated to the welfare of children and youth. As a testament to our growth and the need to accommodate our expanding operations, the headquarters of EIATSCYP was moved to Croatia in 2019, and later to Romania in 2024 to continue with our growth and development.

Our Vision and Mission

EIATSCYP aims to advocate for the interests of children and young people by promoting an interdisciplinary approach in therapeutic services. We emphasize the importance of accrediting educational programs to ensure quality and professionalism. Through research, education, conferences, and collaborations, we strive to exchange knowledge and best practices that enable comprehensive care for children and young people.

Standards for Education, Training, Practice and Research

EIATSCYP actively works on developing standards for education, training, practice, and research that promote quality in contemporary therapeutic practices with children and young people. These standards support professionals in providing safe and effective approaches that help children and young people access the help and support they need.

Our Commitment to Change

01 **Child-Centered Practice**

Prioritizing Children's Rights: Upholding the best interests of children and young people through rights-informed practices and international advocacy for their mental health and emotional wellbeing.

02 **Holistic Therapeutic Practices**

Integrating Disciplines: Promoting therapeutic practices that combine diverse professional perspectives for a holistic understanding of child development within an ecosystemic context.

03 **Engaging Communities**

Early Intervention and Prevention: Engaging children, young people, families, and communities in meaningful interactions to facilitate early mental health intervention and prevention, utilizing a multidisciplinary approach.

04 **Supporting Human Potential**

Fostering Creativity and Resilience: Encouraging creativity and resilience as core components of emotional wellbeing, emphasizing international collaboration to enhance health outcomes for young people.



05 Addressing Childhood Adversity

Informed by Research: Recognizing the varied impacts of adverse childhood experiences and applying research-informed interdisciplinary approaches to improve care practices.

06 Trauma-Informed Care:

Sensitive and Responsive Approaches: Providing trauma-aware, sensitive, and responsive care tailored to the unique needs and circumstances of each child or young person, with a strong emphasis on cultural and ecological contexts.

07 Safeguarding and Protection

Enhancing Child Protection: Ensuring the safety of children and young people within professional practice and incorporating their voices in safeguarding processes, mindful of intergenerational influences.

08 Empowering Young People

Promoting Agency and Identity:
Promoting self-determination and resilience among children and young people, valuing their input in the design and delivery of services that affect them.

09 Supporting Developmental Needs

Teamwork Across Disciplines:
Addressing issues of belonging, autonomy, and self-awareness, appropriate to each developmental stage, through interdisciplinary teamwork to support overall wellbeing.

10 Advancing Service Quality

Research and Best Practices: Highlighting and integrating best practices and research findings into services for children and young people to listen to and alleviate their experiences of suffering.

EIATSCYP's Approach to Education and Training


EIATSCYP's educational programs vary within each country, adapting to cultural differences and needs. Our framework respects the legal, policy, and ethical standards specific to each country, ensuring that training and practice align with local requirements and cultural contexts. Education occurs through three phases: introductory, intermediate, and professional, with an emphasis on continuous personal and professional development throughout life. Our educational framework allows flexibility in supervision and personal therapy, tailored to the individual needs of students and reflective of their professional development journey.

Specialized Training Tracks:

- 01** | Child and Adolescent Psychotherapy
- 02** | Psychotherapy with Children and Young People
- 03** | Child Psychotherapeutic Counselling
- 04** | Child Therapeutic Counselling
- 05** | Contextual Therapeutic Practice

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